IN THE UNITED STATES DISTRICT COURT FOR THE DISTRICT OF NEW JERSEY

**DAVID KIM**, individually and on behalf of all others:

similarly situated,

Case No.

Plaintiff

v.

CLASS ACTION COMPLAINT

**NUTRABIO LABS, INC.,** 

Defendant.

DEMAND FOR JURY TRIAL

# INTRODUCTION

This is a consumer class action brought on behalf of consumers who purchased Nutrabio Labs, Inc.'s glutamine products, including Glutamine, Glutamine AKG, Extreme Nitric Stack, CGT-Max Powder, and Reload V5 dietary supplements ("the Products") from Nutrabio Labs, Inc. ("Defendant" or "Nutrabio"). Nutrabio engaged in unfair and/or deceptive business practices by misrepresenting the nature, characteristics, attributes, benefits and quality of the Products on the Products' labels and was unjustly enriched.

#### NATURE OF THE CASE

1. Plaintiff brings this class action individually and on behalf of the Class defined below against the Defendant to obtain relief, including among other things, damages and injunctive relief. Plaintiff seeks redress for Defendant's manufacturing, marketing, promotion, distribution and sale of its glutamine Products packaged and advertised as "Supports Muscle Growth", "Speeds Muscle Recovery", "L-Glutamine has powerful muscle building effects, promoting protein

synthesis and inhibiting protein breakdown", "Muscle Recovery Accelerator", "Clinically Dosed", and "Strength and Growth Matrix".

- Defendant advertises, manufactures, markets, sells and distributes the Products throughout the United States, including in the state of New Jersey and Commonwealth of Massachusetts.
- 3. Defendant, like many companies in the bodybuilding supplemental industry, ignore competent and reliable scientific data regarding their Products and ingredients and promote, market and represent the Products as providing benefits or enhancements which they cannot provide or deliver such as the representations made by Defendant about L-Glutamine in its Products as described throughout this complaint.
- 4. L-Glutamine ("L-Glutamine" and "Glutamine" as used herein are synonymous) is the most abundant free amino acid found in human blood, and one of the individual building blocks that join together to make up proteins in the body. Glutamine is made in the muscles and is then distributed to various organs in the body via the bloodstream.
- 5. Glutamine is considered "nonessential" because the human body produces its own Glutamine.
- 6. While Glutamine naturally found within the body plays a role in certain mechanisms supporting muscle growth, recovery and immunity support, numerous scientific studies have proven that use of Glutamine supplements provides no additional benefits to the body.
- 7. Many healthy people however, are under the impression, perpetuated by dietary supplement manufacturers like Defendant, that a supplemental intake of Glutamine has beneficial effects. This is frequently the case among athletes and bodybuilders, who commonly consume glutamine multiple times a day.

- 8. Glutamine supplementation doses range from 2 to 40 grams per day, which represents 3% to 60% of the recommended intake of amino nitrogen.
- 9. Basically, the ingestion of Defendant's Products does absolutely nothing for the recovery from exercise, recovery of muscle tissue, increase in muscle growth or ability to decrease muscle wasting (anti-catabolic).
- 10. Defendant intended for consumers to read the representations on the labels of its Products and belief that the ingestion of their Products would provide health benefits such as muscle recovery, muscle growth, increased strength and anti-catabolic properties to induce them to purchase the Products.
- 11. Defendant is aware that these Products and their claims are patently false and provide no added benefits to consumers.
- 12. Plaintiff and Class members relied on Defendant's representations and purchased the Products, and as a result of Defendant's failure to properly market and advertise its products, Plaintiff has suffered damages.

### **PARTIES**

- 13. Plaintiff David Kim is a citizen of the Commonwealth of Massachusetts. At all relevant times to this matter, he resided, in Newton, Massachusetts. In November 2017, after reading the purported claims on Defendant's Glutamine labeling, and in reliance on Defendant's promises of providing "Anti-catabolic", "Muscle Growth", and "Muscle Recovery" benefits, Plaintiff purchased the Product for his own use from the website www.gnc.com. Plaintiff ingested the Products, using the recommended dosage instructions found on the back of the bottle.
- 14. Nutrabio Labs, Inc. is a New Jersey corporation headquartered at 564 Lincoln Boulevard, Middlesex, New Jersey 08846.

### **FACTUAL ALLEGATIONS**

15. Defendant's Products' labels clearly state that the Products provide the same claimed benefits such as anti-catabolic effects, muscle recovery, and muscle growth<sup>1</sup>:



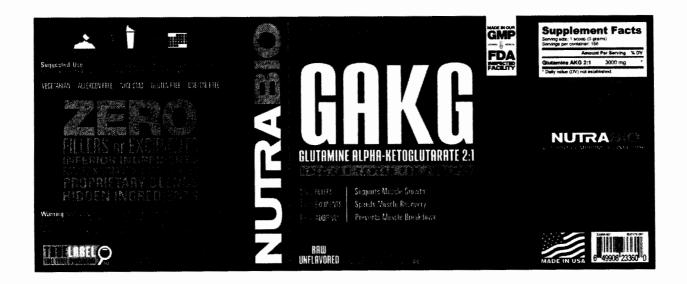
<sup>&</sup>lt;sup>1</sup> Nutrabio Glutamine product label states: "L-Glutamine has powerful muscle building effects, promoting protein synthesis while inhibiting protein breakdown", "Supports Muscle Growth", "Speeds Muscle Recovery", "Recovery" and "Strength".

Nutrabio GAKG product label states, "Supports Muscle Growth", "Speeds Muscle Recovery", "Prevents Muscle Breakdown", "Recovery" and "Strength".

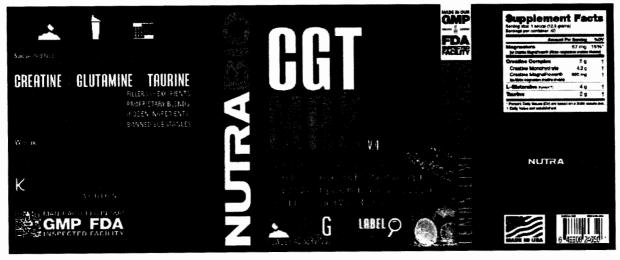
Nutrabio Extreme Nitric Stack product label states, "Maximizes Protein Synthesis" and "Speeds Muscle Recovery".

Nutrabio CGT Max product label states, "Speeds Muscle Recovery" and "Recovery"

Nutrabio Reload Reovery Matrix product label states, "Clinically Dosed", "Accelerate Muscle Recovery", "Maximize Muscle Growth", "Muscle Recovery Accelerator" and "Strength & Growth Matrix".









- 16. Defendant's recovery, muscle, and anti-catabolic claims pertaining to the Glutamine in its supplements however, are patently false as demonstrated by the numerous scientific research papers, as contained herein.
- 17. "Recovery" in bodybuilding is the process in which fatigued muscles recuperate and grow after resistance training.
- 18. "Anti-catabolic" refers to the ability of a product to prevent or minimize the breakdown of earned muscles during a workout.
  - 19. In one study, glutamine failed to affect muscle protein kinetics of the test subjects.<sup>2</sup>
- 20. In a study involving healthy humans, glutamine was continuously infused for 2.5 hours at a rate corresponding to 0.4 grams/kg, which revealed that glutamine supplementation did not stimulate muscle protein synthesis.<sup>3</sup>

<sup>&</sup>lt;sup>2</sup> Gore D., Wolfe R. Glutamine supplementation fails to affect muscle protein kinetics in critically ill patients. JPEN J Parenter Enteral Nutr, 2002, 26:342-49.

<sup>&</sup>lt;sup>3</sup> Svanberg E., Moller-Loswick A., Matthews D., Korner U., Lundholm K. The effect of glutamine on protein balance and amino acid flux across arm and leg tissues in healthy volunteers. Clin Physiol, 2001, 4:478-89.

- 21. Another study investigated the effect of L-Glutamine supplementation on the plasma and muscle tissue glutamine concentrations of exercise-trained rats, both immediately and three hours after a single exercise session until exhaustion. In that study, rats were subjected to 60 minutes of swimming exercise daily for six weeks. During the final three weeks, one group was given a daily dose of L-Glutamine (1 gram/kg). The plasma and muscle glutamine levels were higher than placebo during the post-exhaustive recovery period; however, this increase had no effect on the exercise swim test to exhaustion performance, which means that elevations in plasma and muscle glutamine levels have no benefit on muscle performance.<sup>4</sup>
- 22. An additional study was also conducted to assess the effect of oral glutamine supplementation combined with resistance training in young adults. Subjects received either placebo (0.9 grams/kg fat-free mass/day of maltodextrin) or L-Glutamine (0.9 grams/kg fat-free mass/day) during six weeks of resistance training. Results showed that muscle strength, torque, fat-free mass, and urinary 3-methyl histidine (a marker of muscle protein degradation) all significantly increased with training, but were not different between the groups. This study demonstrated that L-Glutamine supplementation during resistance training had no significant effect on muscle performance, body composition, or muscle protein degradation in young, healthy adults.<sup>5</sup>

<sup>&</sup>lt;sup>4</sup> Rogero M., Tirapequi J., Pedrose R., Castro I., Pires I. Effect of alanyl-glutamine supplementation on plasma and tissue glutamine concentrations in rats submitted to exhaustive exercise. Nutrition, 2006, 22:564-71.

<sup>&</sup>lt;sup>5</sup> Candow D., Chilibeck P., Burke D, Davison K., Smith-Palmer T. Effect of glutamine supplementation combined with resistance training in young adults. Eur J Appl Physiol, 2001, 86:142-49.

- 23. Moreover, a study was performed to examine the effects of a combination of effervescent creatine, ribose, and glutamine on muscle strength, endurance, and body composition in resistance-trained men. Subjects performed resistance training while ingesting either a placebo or an experimental supplement (5 grams of creatine, 3 grams of glutamine, and 2 grams ribose) for eight weeks. Both groups significantly improved muscle strength, endurance, and fat-free mass, yet the groups were not significantly different from one another. Therefore, the experimental supplement, which included glutamine, was no more effective than placebo in improving skeletal muscle adaptation to resistance training.<sup>6</sup>
- Another study sought to determine the effects of eight weeks of creatine monohydrate and glutamine supplementation on body composition and performance measures. Subjects were randomly assigned to receive either placebo for eight weeks, creatine monohydrate (0.3 grams/kg/day for one week and then 0.03 grams/kg/day for seven weeks), or the same dose of creatine in addition to 4 grams of glutamine per day while engaged in a resistance training program. Body mass and fat-free mass increased in the creatine and creatine + glutamine groups at a greater rate than with placebo. Additionally, the two experimental groups underwent a significantly greater improvement in the initial rate of muscle power production compared to placebo. These results suggest that the creatine and creatine + glutamine groups were equally

<sup>&</sup>lt;sup>6</sup> Falk D., Heelan K., Thyfault J., Koch A. Effects of effervescent creatine, ribose, and glutamine supplementation on muscle strength, muscular endurance, and body composition. J Strength Cond Res, 2003, 17:810-16.

effective in producing skeletal adaptation to resistance training and that glutamine apparently had no preferential effect in augmenting the results.<sup>7</sup>

- 25. One study was performed to determine if high-dose glutamine ingestion affected weightlifting performance. In a double-blind, placebo-controlled, crossover study, resistance trained men performed weightlifting exercises one hour after ingesting placebo (calorie-free fruit juice) or glutamine (0.3 g/kg) mixed with calorie-free fruit juice. Results demonstrated no significant differences in weightlifting performance (maximal repetitions on the bench press and leg press exercises), indicating that the short-term ingestion of glutamine did not enhance weightlifting performance in resistance-trained men.<sup>8</sup>
- 26. Similarly, another study sought to determine whether glutamine ingestion influenced acid-base balance or improved high-intensity exercise performance. Trained males performed five exercise bouts on a cycle ergometer at 100% of maximal oxygen consumption. The first four bouts were 60 seconds in duration, while the fifth bout was continued to fatigue. Each bout was separated by 60 seconds of recovery. The exercise bouts were initiated 90 minutes after ingesting either placebo or 0.3 grams/kg of glutamine. Results showed that blood pH, bicarbonate, and lactate, along with time to fatigue, were not significantly different between supplement

<sup>&</sup>lt;sup>7</sup> Lehmkuhl M., Malone M., Justice B., Trone G., Pistilli E., Vinci D., Haff E., Kilgore L., Haff G. The effects of 8 weeks of creatine monohydrate and glutamine supplementation on body composition and performance measures. J Strength Cond Res, 2003, 17:425-38.

<sup>&</sup>lt;sup>8</sup> Antonio J., Sanders M, Kalman D., Woodgate D., Street C. The effects of high-dose glutamine ingestion on weightlifting performance. J Strength Cond Res, 2002, 16:157-60.

conditions, indicating that the acute ingestion of L-Glutamine did not enhance either buffering potential or high-intensity exercise performance in trained males.<sup>9</sup>

- Another study determined whether oral glutamine, by itself or in combination with hyperoxia, influenced oxidative metabolism or cycle time-trial performance in men. Subjects ingested either placebo or 0.125 grams/kg of glutamine one hour before completing a brief high-intensity time-trial (approximately four minutes in duration). The results showed no significant difference in pulmonary oxygen uptake during the exercise test, thereby indicating no effect of glutamine ingestion either alone or in combination with hyperoxia. Thus, there was no limiting effect of the tricarboxylic acid intermediate pool size on oxidative metabolism or performance during exercise.<sup>10</sup>
- 28. Nutrabio makes further false and/or misleading representations and statements on the Reload V5 product label by stating that the Product is "Clinically Dosed". Aside from the L-Glutamine ingredient contained within the Product's "Muscle Recovery Accelerator" matrix, the Product contains Beta-Alanine, Betaine, Creatine Hydrochloride and Creatine Magnapower in its "Strength and Growth Matrix". None of these ingredients are "Clinically Dosed" to satisfy the claim of providing "strength" and "growth" attributed to the consumer.
- 29. Beta-Alanine: The patented beta-alanine product, CarnoSyn, that Nutrabio includes in the product lists the supported claims and the scientific studies that are purported to support those claims on their website <a href="https://www.carnosyn.com">www.carnosyn.com</a>. First, one study claims that CarnoSyn increases

<sup>&</sup>lt;sup>9</sup> Haub M., Potteiger J., Nau K., Webster M., Zebas C. Acute L-glutamine ingestion does not improve maximal effort exercise. J Sports Med Phys Fitness, 1998, 38:240-44.

<sup>&</sup>lt;sup>10</sup> Marwood S., Botwell J. No effect of glutamine supplementation and hyperoxia on oxidative metabolism and performance during high-intensity exercise. J Sports Sci, 2008, 26:1081-90.

the working capacity of muscle.<sup>11</sup> However, the study was conducted with not only Carnosyn, but in conjunction with Creatine Monohydrate. Also, the participants ingested 1.6 grams of CarnoSyn four times a day for the first six days and two times a day for the remaining twenty-two days. This dosing protocol is greater than the Product's dosing of 1.6 grams per serving. Second, another study claims that CarnoSyn increases muscle strength.<sup>12</sup> The study participants were given a dosing protocol of 1.6 grams twice daily, again a higher dose than the Product. Third, another study claims that CarnoSyn improves muscular endurance.<sup>13</sup> This dosing protocol was also higher than 1.6 grams per day where the participants used 6 grams per day for the first 21 days and 3 grams per day for the remaining 21 days. Also, a study that gave participants 4.8 grams per day of beta-alanine failed to improve 400-M sprint times.<sup>14</sup> Further, there are no scientific studies that show this ingredient's efficacy using one dose per day, at the recommended level contained within the Product.

30. Betaine: There are numerous studies that show a modest increase in power output after Betaine supplementation, but these dosing protocols were all at an increased level of 2.5

Stout JR, et al., 2006. Effects of twenty-eight days of beta-alanine and creatine monohydrate supplementation on the physical working capacity at the neuromuscular fatigue threshold. J Strngth & Cond. Rsrch, 20(4): 928-931.

<sup>&</sup>lt;sup>12</sup> Hoffman J, et al., 2006. Effect of creatine and beta-alanine supplementation on performance and endocrine responses in strength/power athletes. Int J Sport Nutr & Exer Metab., 16: 430-446. <sup>13</sup> Smith A E, et al., 2009. Effects of beta-alanine supplementation and high level intensity interval training on endurance performance and body composition in men—a double-blind trial. J Int Soc Sports Nutr., 6: 5.

<sup>&</sup>lt;sup>14</sup> Derave W, et al., 2007. beta-Alanine supplementation augments muscle carnosine content and attenuates fatigue during repeated isokinetic contraction bouts in trained sprinters. J Appl Physiol 103(5):1736-43.

grams per day. 15,16 There are also several studies that show at 2-2.5 grams per day of Betaine actually have no effect on power output. 17,18,19

31. Creatine Hydrochloride: This claim and dosage is based on the assumption that Creatine HCL produces the same results as Creatine Monohydrate at a much smaller dose ("microdosing") because Creatine HCL is more water-soluble. There is absolutely no scientific backing that Creatine HCL produces greater strength, endurance, and muscle growth. In fact, the theory of micro-dosing is fatally flawed. First, Defendant fails to realize that the bioavailability of creatine is the key to the effectiveness of the compound, not the water-solubility. Bioavailability is determined by how much of the compound is absorbed into the blood and ultimately the muscles. Creatine Monohydrate has been found in a number of studies to be completely absorbed by the GI tract<sup>20</sup>. It has also been demonstrated that conversion of creatine to creatinine in the GI tract is negligible with respect to transit duration, suggesting that arterial bioavailability of CM is

<sup>&</sup>lt;sup>15</sup> Lee EC, et al. 2010. Ergogenic effects of betaine supplementation on strength and power performance. J Int Soc Sports Nutr. 7:27.

<sup>&</sup>lt;sup>16</sup> Pryor JL, et al. 2012. *Effect of betaine supplementation on cycling sprint performance*. J Int Soc Sports Nutr 9(1):12.

<sup>&</sup>lt;sup>17</sup> Trepanowski TF, et al. 2011. The effects of chronic betaine supplementation on exercise performance, skeletal muscle oxygen saturation and associated biochemical parameters in resistance trained men. J Int Soc Sports Nutr. Dec;25(12):3461-71.

<sup>&</sup>lt;sup>18</sup> Hoffman JR, et al. 2011. Effect of 15 days of betaine ingestion on concentric and eccentric force outputs during isokinetic exercise. J Strength Cond Res. Aug;25(8):2235-41.

<sup>&</sup>lt;sup>19</sup> Hoffman JR, et al. 2009. *Effect of betaine supplementation on power performance and fatigue.* J Int Soc Sports Nutr. Feb 27;6:7.

<sup>&</sup>lt;sup>20</sup> See Chantuin A. The fate of creatine when administered to man. *J Biochem*. 67:29-41, 1926., See also Deldicque L, Decombaz J, Foncea H, Vuichoud J Poortmans J, Francaux M. Kinetics of creatine ingested as a food ingredient. *Eur J Appl Physiol*. 102:133-43, 2008.

approximately 100%<sup>21</sup>. Again, there is no scientific backing for the claims Defendant associates with Creatine HCL.

- 32. Creatine MagnaPower: There are no studies available to support the claims of "strength" and "growth" with the dosage of 500mg provided for in the Product, thus making the "Clinically Dosed" claim, false yet again.
- 33. Defendant intended to and did use claims of "Anti-catabolic" "Muscle Growth", "Muscle Recovery" and "Clinically Dosed" to mislead consumers into believing the Products provided such benefits to induce them into purchasing the Products.
- 34. Plaintiff reasonably believed these claims to mean Defendant's Products provided these benefits and purchased the Products based on these misrepresentations and/or omissions.
- 35. Plaintiff and the Class members did not receive Products of the value Defendant promised those products would have. The lack of benefits provided to consumers by the Products fully diminishes the actual value of the Products.
- 36. Plaintiff and Class members were deprived of the benefit of their bargained-for exchanges, and they suffered damages in an amount to be determined at trial.
- 37. Plaintiff would not have purchased Defendant's Products had he known they did not provide the health benefits as claimed and advertised on the Products' label.

<sup>&</sup>lt;sup>21</sup> See Deldicque L, Decombaz J, Foncea H, Vuichoud J Poortmans J, Francaux M. Kinetics of creatine ingested as a food ingredient. Eur J Appl Physiol. 102:133-43, 2008. See also Persky A, Muller M, Derendorf J, Grant M, Brazeau G, Hochhaus G. Single- and multiple-dose pharmokinectics of oral creatine. J Clin Pharmacol. 43:29-37, 2003. See also Poortmans J, Auquier H, Renaut V, Durussel A, Saugy M, Brisson G. Effect of short-term creatine supplementation on renal responses in men. Eur J Appl Physiol. 76:566-67, 1997. See also Schedel J, Tanaka H, Kiyonaga A, Shindo M, Schutz Y. Actue creatine ingestion in human: Consequences on serum creatine an creatinine concentrations. Life Sciences. 65:2463-70, 1999.

- 38. Defendant's deceptive statements violate 21 U.S.C. § 343(a)(1), which deems food misbranded when the label contains a statement that is "false or misleading in any particular."
- 39. The United States Food and Drug Administration (the "FDA") promulgated regulations for compliance with the Federal Food, Drug, and Cosmetic Act (the "FDCA") and the Dietary Supplement Health and Education Act (the "DSHEA") at 21 C.F.R. § 101, et seq. Defendant's fabricated food Products are misbranded under 21 C.F.R. § 101, et seq.
- 40. The introduction of misbranded food into interstate commerce is prohibited under the FDCA.
- 41. Under, Massachusetts law, products such as the Products are "misbranded" if their "labeling is false or misleading in any particular" or does not contain certain information on its labeling. See Mass. ALM GL Ch. 94 § 187.
- 42. Massachusetts requires that all packaged food be labeled in compliance with applicable law including all labeling requirements contained in 21 C.F.R. Part 101 Food Labeling. See 105 CMR 590.001; 105 CMR 590.004(B); Mass. Food Code § 3-201.11. Massachusetts does this "to safeguard public health and provide to consumers food that is safe, unadulterated, and honestly presented." See 105 CMR 590.001; 105 CMR 590.002; Mass. Food Code § 3-101.11. Massachusetts mandates that "[f]ood shall be safe, unadulterated, and, as specified under [FC] § 3-601.12, honestly presented." See Mass. Food Code § 3-101.11; 105 CMR 590.001. Massachusetts Food Code § 3-601.12 provides that "[f]ood shall be offered for human consumption in a way that does not mislead or misinform the consumer. See Mass. Food Code § 3-601.12; 105 CMR 590.001.
- 43. The introduction of misbranded food into interstate commerce is prohibited under the FDCA and Massachusetts law.

44. Plaintiff and Class Members would not have purchased the Products, or would have not paid as much for the Products, had they known the truth about the mislabeled and falsely advertised Products.

#### JURISDICTION AND VENUE

- 45. This Court has subject matter jurisdiction over this class action pursuant to 28 U.S.C. § 1332(d). The matter in controversy, exclusive of interest and costs, exceeds the sum or value of \$5,000,000 and is a class action in which some members of the Classes are citizens of States other than the State in which Defendant is incorporated and has its principal place of business.
- 46. Diversity jurisdiction exists because Plaintiff is a citizen of Massachusetts and Nutrabio Labs, Inc. is a citizen of New Jersey.
- 47. This Court has personal jurisdiction over Nutrabio Labs, Inc. because it is a resident of this District.
- 48. Venue is proper in this District pursuant to 28 U.S.C. § 1391(b)(2) and (c) because a substantial part of the events or omissions giving rise to Plaintiff's claims occurred in this District. Venue is also proper under 18 U.S.C. § 1965(a) because Nutrabio Labs, Inc. transacts substantial business in this District.

## **CLASS ACTION ALLEGATIONS**

49. Plaintiff brings this suit as a class action on behalf of himself and all other similarly situated customers pursuant to Fed. R. Civ. P. 23. Plaintiff seeks to represent the following Class:

**National Class:** All persons in the United States who purchased, not for resale, the Products. Excluded from the Class are Defendant, their officers and employees, affiliates and any entity in which Defendant has a controlling interest. Also excluded are any Judge

or Magistrate presiding over this or any related action and members of their families; all persons who properly execute and file a timely request for exclusion from the Class;

State Subclass: All persons in the State of Massachusetts who purchased the Products.

- 50. The exact number of Class members is unknown as such information is in the exclusive control of the Defendant. Plaintiff, however, believes that the Class encompasses hundreds of thousands of individuals throughout the United States. Therefore, the number of persons who are members of the Class described above are so numerous that joinder of all members in one action is impracticable.
- 51. Questions of law and fact that are common to the entire Class predominate over individual questions because the actions of Defendant complained herein were general applicable to the entire Class:
  - 52. These legal and factual questions include but are not limited to:
    - a. Whether Defendant knew or should have known its claims and statements regarding the benefits of the Products were false and/or misleading;
    - b. Whether Defendant intended to mislead and/or deceive Plaintiff and Class members about the true benefits of the Products;
    - c. Whether Defendant breached an express warranty to Plaintiff and Class members;
    - d. Whether the Products failed to perform in accordance with the reasonable expectations of ordinary consumers;
    - e. Whether the Products fail to perform as advertised and warranted or expected by an ordinary consumer;

- f. Whether Defendant's conduct in marketing and selling the Products involved misrepresentations, intentional omissions, or was otherwise unfair and deceptive;
- g. Whether Defendant breached any implied warranties to Plaintiff and Class members;
- h. Whether Defendant has been unjustly enriched;
- Whether Plaintiff and Class members suffered damages as a result of Defendant's misconduct as described herein and, if so, the proper measure of damages;
- Whether Plaintiff and the Class are entitled to compensatory, exemplary and statutory damages, and the amount of such damages;
- k. Whether Defendant should be declared financially responsible for notifying
   all Class Members about the true nature of the Products.
- 53. Plaintiff's claims are typical of those of other Class members because Plaintiff and all Class members were injured by the same wrongful practices of the Defendant as described in this Complaint. Plaintiff's claims arise from the same practices and course of conduct that gives rise to the claims of all Class members, and are based on the same legal theories.
- 54. Questions of law or fact common to the Class members predominate and a class action is superior to other available methods for the fair and efficient adjudication of this lawsuit, because individual litigation of the claims of all Class members is economically unfeasible and procedurally impracticable. While the aggregate damages sustained by Class members are likely to be in the millions of dollars, the individual damages incurred by each Class member resulting from Defendant's wrongful conduct are, as a general matter, too small to warrant the expense of

individual suits. The likelihood of individual Class members prosecuting separate individual claims is remote and, even if every Class member could afford individual litigation, the court system would be unduly burdened by individual litigation of such cases. Individualized litigation would also present the potential for varying, inconsistent, or contradictory judgments and would magnify the delay and expense to all parties and to the court system resulting from multiple trials on the same factual issues. Plaintiff knows of no difficulty to be encountered in the management of this action that would preclude its maintenance as a class action and certification of the Class under Rule 23(b)(3) is proper.

- 55. Plaintiff has no interests that are contrary to or in conflict with those of the Class he seeks to represent.
- 56. As a matter of public policy, this consumer matter should proceed as a consumer class action that will produce several salutary byproducts, including:
  - a. A therapeutic effect upon those sellers who indulge in deceptive practices;
  - Aid to legitimate business enterprises by curtailing illegitimate competition;
     and
  - c. Avoidance to the judicial process of the burden of multiple litigation involving identical claims.
- 57. Defendant has acted or refused to act on grounds generally applicable to all members of the Class, thereby making appropriate final injunctive relief or corresponding declaratory relief with regard to Class members as a whole and certification of the Class under rule 23(b)(2) proper.

### **COUNT I**

# <u>Untrue and Misleading Advertising Under Massachusetts G.L. c. 266 §91</u> (On behalf of the Massachusetts Subclass)

- 58. Plaintiff re-alleges and incorporates by reference the allegations contained in all preceding paragraphs as though set forth fully herein.
- 59. Defendant's labeling, advertising, marketing, and promotion of the Products is untrue, deceptive and misleading, in violation of G.L., c. 266, §91.
- 60. At all times relevant, Defendant knew or, upon reasonable investigation, could have ascertained that its labeling, advertising, marketing, and promotion of its Products was untrue, deceptive, and misleading.
- 61. Defendant's untrue, deceptive, and misleading labeling, advertising, marketing, and promotion of the Products has continued throughout the Class period, and is continuing as of the present date.
- 62. As a purchaser of the Products who was injured by Defendant's false and misleading advertising (in that Plaintiff and other Class members purchased products that did not conform to the representations made about them by Defendant as set forth above), Plaintiff is entitled to and does bring this class action to seek all available remedies under G.L. c. 266, §91, including injunctive relief. The injunctive relief would include an Order directing Defendant to cease its false and misleading labeling and advertising, retrieve existing false and misleading advertising and promotional materials, and publish corrective advertising.
- 63. Plaintiff has suffered injury in fact as a result of Defendant's conduct because he purchased the Products.

#### **COUNT II**

# <u>Violation of Massachusetts ALM GL Ch. 94 §§ 187 and 190 and 105 CMR 590.001 et seq.</u> (On Behalf of the Massachusetts Subclass)

- 64. Plaintiff re-alleges and incorporates by reference the allegations contained in all preceding paragraphs as though set forth fully herein.
  - 65. All containers of the Products are misbranded.
- 66. Massachusetts ALM GL Ch. 94 § 187 provides that: "Food shall be deemed to be misbranded: . . . If its labeling is false or misleading in any particular . . . If its container is so made, formed, colored or filled as to be misleading . . . If any word, statement or other information required by or under authority of this chapter to appear on the label or labeling is not prominently placed thereon with such conspicuousness, as compared with other words, statements, designs, or devices, in the labeling, and in such terms as to render it likely to be read and understood by the ordinary individual under customary conditions of purchase and use."
- 67. Massachusetts requires that all packaged food be labeled in compliance with applicable law including all labeling requirements contained in 21 C.F.R. Part 101 Food Labeling. See 105 CMR 590.001; 105 CMR 590.004(B); Mass. Food Code § 3-201.11. Massachusetts does this "to safeguard public health and provide to consumers food that is safe, unadulterated, and honestly presented." See 105 CMR 590.001; 105 CMR 590.002; Mass. Food Code § 3-101.11. Massachusetts mandates that "[f]ood shall be safe, unadulterated, and, as specified under [FC] § 3-601.12, honestly presented." See Mass. Food Code § 3-101.11; 105 CMR 590.001. Massachusetts Food Code § 3-601.12 provides that "[f]ood shall be offered for human consumption in a way that does not mislead or misinform the consumer. See Mass. Food Code § 3-601.12; 105 CMR 590.001.
  - 68. All labeling of the containers of the Products is false and misleading.

- 69. All containers of the Products are made as to be misleading.
- 70. All containers of the Products are misbranded.
- 71. Massachusetts ALM GL Ch. 94 § 190 bars the manufacture, sale, delivery, or offer of delivery of misbranded food.
- 72. Plaintiff and the Massachusetts Class purchased misbranded containers of the Products.
- 73. Plaintiff and the Massachusetts Class members would not have purchased the Products had they been aware that they were misbranded.
- 74. Plaintiff and the Massachusetts Class members were harmed as a result of the purchase of the Products and are entitled to damages, including the amounts spent on the Products and punitive damages.

# COUNT III Breach of Warranty (On Behalf of the National Class and the Massachusetts Subclass)

- 75. Plaintiff re-alleges and incorporates by reference the allegations contained in all preceding paragraphs as though set forth fully herein.
- 76. Plaintiff and the National Class members formed a contract with Defendant at the time they purchased the Products. The terms of the contract included the promises and affirmations of fact made by Defendant on the Products' packaging and through marketing and advertising, as described above. This labeling, marketing and advertising constitute express warranties and became part of the basis of the bargain, and are part of the standardized contract between Plaintiff and the members of the National Class and Defendant.

- 77. Defendant labeled, distributed, marketed, promoted, sold and otherwise released into the stream of commerce, its Products as described herein, to consumers, including Plaintiff.
- 78. Defendant breached its express warranties about the Products because Defendant's statements about the Products were false and the Products do not conform to Defendant's affirmations and promises described above.
- 79. As a direct, foreseeable and proximate result of Defendant's breaches of express warranties, Plaintiff and National Class members suffered economic losses when Plaintiff and Class members purchased the Products in reasonable reliance upon the express warranties.
- 80. Plaintiff notified Defendant of this breach by mail in March of 2018, but Defendant failed to respond.

# COUNT IV Breach of Implied Warranty (On Behalf of the Implied Warranty Multi-State Class and Massachusetts Subclass<sup>22</sup>)

- 81. Plaintiff re-alleges and incorporates by reference each of the allegations contained in all of the preceding paragraphs of this Complaint as though set forth fully herein.
  - 82. Plaintiff asserts this cause of action on behalf of himself and the Class members.
- 83. The Products are goods and Defendant is a merchant with respect thereto, within the meaning of the Uniform Commercial Code, as adopted in Massachusetts.
- 84. Defendant developed, manufactured, distributed, marketed, advertised, and/or sold the Products directly to or for the purpose of their eventual sale to end users for consumption.

22

<sup>&</sup>lt;sup>22</sup> The States in the implied warranty multi-state class is inclusive of all states with similar implied warranty laws under the facts of this case, excluding only the States of South Carolina and Louisiana, but also including the District of Columbia.

85. Defendant impliedly warranted to Plaintiff and Class Members, prior to their

purchase of the Products, that the Products were merchantable and reasonably fit for the purposes

for which such products are used, and that the product be acceptable in trade for the product

description.

86. Plaintiff and Class Members relied on Defendant's skill and judgment in selecting

Defendant's Products to purchase. Moreover, Plaintiff and Class Members relied on statements

made on Defendant's packaging, container, and/or label, that the Products provide benefits such

as anti-catabolic effects, muscle recovery, and muscle growth.

87. Defendant breached its duty by selling to Plaintiff and Class Members Products that

were not merchantable. In fact, the Products are unfit for their intended use and not of

merchantable quality, in that they do not provide anticatabolic, muscle recovery, and muscle

growth benefits.

88. The Products are unfit for their ordinary purpose and of nonmerchantable quality

because they do not conform to the promises and/or affirmations of fact found on the Products'

containers or labels.

89. Defendant breached its implied warranties by including false promises or

affirmations of fact on the Products' labels and/or containers.

90. Plaintiff notified Defendant of this breach by mail in March of 2018, but Defendant

failed to respond.

**COUNT V** 

**Unjust Enrichment** 

(In the Alternative to Count III on Behalf of the National Class and Massachusetts

Subclass)

23

- 91. Plaintiff re-alleges and incorporates by reference the allegations contained in all preceding paragraphs as though set forth fully herein.
- 92. Plaintiff and the National Class have unintentionally conferred substantial benefits on the Defendant by purchasing their Products.
- 93. Defendant knew or should have known that the payments they received were given and received with the expectation that Plaintiff and the Class members were purchasing the Products with an expectation of receiving the advertised benefits.
- 94. Because of Defendant's wrongful activities, they have unlawfully received Plaintiff and Class members' monies through corporate revenues, salaries and other financial benefits.
- 95. Defendant, having retained the monies unjustly enriched to them, should be required by the Court to account to Plaintiff and the Class for their unjust enrichment and the profits earned thereafter such monies.
- 96. As a direct and proximate result of Defendant's wrongful conduct and unjust enrichment, Plaintiff and Class members have suffered damages in an amount to be determined at trial.
- 97. Defendant should be required to disgorge all monies, profits and gains which they have obtained or will unjustly obtain in the future at the expense of Plaintiff and National Class members.

# <u>COUNT VI</u> <u>Violation of Massachusetts ALM GL Ch. 93A Et. Seq.</u> (On Behalf of the Massachusetts Subclass)

- 98. Plaintiff incorporates the preceding factual allegation as if fully set forth herein.
- 99. Defendant's conduct constitutes unfair methods of competition and unfair and deceptive acts and practices in the conduct of a trade or commerce. Defendant's conduct was

consumer-oriented and this conduct had a broad impact on consumers at large. Defendant engaged in false, misleading, and unlawful advertising, marketing, and labeling of the Products. Defendant's manufacturing, distribution, and sale of the Products were similarly unlawful.

- 100. Defendant unlawfully sold the Products in Massachusetts during the past four years.
- 101. By advertising, marketing, distributing, and selling the mislabeled and misbranded Products to Plaintiff and other members of the Class who purchased the Products in Massachusetts, Defendant engaged in, and continues to engage in, unlawful and deceptive acts and practices. Defendant's misleading marketing, advertising, packaging, and labeling of the Products were likely to deceive reasonable consumers.
- 102. Plaintiff and other members of the Class who purchased the Products in Massachusetts were deceived.
  - 103. Defendant has engaged in unlawful and deceptive business acts and practices.
- 104. Defendant and other members of the Class who purchased the Products in Massachusetts were injured by Defendant's unlawful and deceptive acts and practices. Plaintiff and other members of the Class who purchased the Products in Massachusetts were injured by Defendant's use or employment of methods, acts, and practices declared to be unlawful by section two of Massachusetts ALM GL Ch. 93A and any rule or regulation issued thereunder. Defendant's use or employment of such unfair and deceptive acts and practices has caused similar injury to numerous other persons similarly situated who Plaintiff will adequately and fairly represent.
- 105. Defendant's fraud and deception caused Plaintiff and other members of the Class to purchase the Products that they otherwise would not have purchased had they known the true nature of these products.

- 106. Plaintiff and other members of the Class who purchased the Products in Massachusetts were injured as a result of Defendant's unlawful and deceptive acts and practices.
- 107. Plaintiff and other members of the Class who purchased the Products in Massachusetts further seek to enjoin such unlawful and deceptive acts and practices as described above. Each of the Class members who purchased the Products in Massachusetts will be irreparably harmed unless the unlawful actions of Defendant are enjoined, in that Defendant will continue to falsely, misleadingly, and unlawfully label the Products and to illegally manufacture, distribute and sell this illegally labeled, misbranded product in violation of the food and drug laws that prohibit such actions. Plaintiff and other members of the Class who purchased the Products in Massachusetts therefore seek to enjoin the manufacture, distribution, or sale of any mislabeled or misbranded the Products in Massachusetts and further request an order granting them injunctive relief, ordering appropriate corrective advertising, and appropriate disclosures on the labeling in advertising, marketing, and promotion of the Products in Massachusetts.
- 108. Absent such injunctive relief, Defendant will continue to illegally manufacture, distribute and sell mislabeled and misbranded the Products to the detriment of consumers in the Commonwealth of Massachusetts.
- 109. In violation of the labeling laws of the Commonwealth of Massachusetts and Massachusetts ALM GL ch. 93A *et seq.*, Defendant sold to Plaintiff and the members of the Class who purchased the Product in Massachusetts products that were misbranded.
  - 110. Defendant's violation of Massachusetts ALM GL Ch. 93A et seq. is ongoing.
- 111. As a direct and proximate cause of Defendant's violation of Massachusetts ALM GL Ch. 93A *et seq.*, Plaintiff and the members of the Class who purchased the Products in Massachusetts were injured when they paid good money for these misbranded products. Plaintiff

and the members of the Class who purchased the Products in Massachusetts have been damaged in an amount to be determined at trial.

- 112. As a result of Defendant's unlawful business practices, Plaintiff and the members of the Class who purchased the Products in Massachusetts, pursuant to Massachusetts ALM GL Ch. 93A *et seq.*, are entitled to an order enjoining such future conduct and such other orders and judgments which may be necessary to disgorge Defendant's ill-gotten gains and to restore to Plaintiff and the members of the Class who purchased the Products in Massachusetts any money paid for the Products.
- 113. In addition, Plaintiff and the members of the Class who purchased the Products in Massachusetts are entitled to the greater of their actual damages and the statutory amount of \$25.
- 114. Pursuant to the requirements of M.G.L. 93A §2, at least 30 days prior to filing this Complaint, Plaintiff sent a Demand Letter to the Defendant describing the unfair practices alleged herein and the injury suffered by Plaintiff. Defendant declined to make a satisfactory settlement offer in response thereto.
- 115. Defendant failed to respond to this demand in any reasonable manner. Defendant continues to deny any wrongdoing and has refused to change its practices, to stop misbranding the Products and to cease manufacturing, advertising, selling, and delivering misbranded the Products in Massachusetts.
- 116. Defendant's actions were knowing and willful and its failure to grant relief upon demand was made in bad faith with knowledge or reason to know that the act or practice complained of violated said section two of Massachusetts ALM GL Ch. 93A.
- 117. Because Defendant's violation of Massachusetts ALM GL Ch. 93A et seq. was knowing and willful and Defendant's failure to grant relief upon demand was made in bad faith

with knowledge or reason to know that the act or practice complained of violated said section two of Massachusetts ALM GL Ch. 93A, Plaintiff and the members of the Class who purchased the Products in Massachusetts are entitled to recover not less than twice and not more than three times their actual damages and any applicable statutory penalties.

118. Plaintiff and the members of the Class are also entitled to attorneys' fees.

# PRAYER FOR RELIEF

- 119. WHEREFORE, Plaintiff prays that this case be certified and maintained as a class action and for a judgment to be entered upon Defendant as follows:
  - A. Appointing Plaintiff as the representatives of the Class and his counsel as Class counsel;
  - B. For economic and compensatory damages on behalf of Plaintiff and all Class members;
  - C. For actual damages sustained;
  - D. For treble damages pursuant to law, and all other actual, general, special, incidental, statutory, punitive, and consequential damages to which Plaintiff and Class members are entitled;
  - E. For injunctive relief, compelling Defendant to cease their unlawful actions and to account to Plaintiff for their unjust enrichment;
  - F. For reasonable attorneys' fees, reimbursement of all costs for the prosecution of this action, and pre-judgment and post-judgment interest; and
  - G. For such other and further relief this Court deems just and appropriate.

## **DEMAND FOR JURY TRIAL**

Plaintiff respectfully demands a trial by jury on all issues within the instant so triable.

Dated: July 2, 2018

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